## Tools for the Journey January 26th and 27th

## **Dr. Molly Rearick Day**



## January 26:

More than "Wants and Needs:" Identifying, Accessing, and Creating Meaningful Adult Supports from a Young Age

This session is designed for educators and family members supporting people of all ages. Teaching our students and loved ones from a young age how to identify their dreams, hopes, and aspirations is imperative to helping them create meaningful adult lives. We will discuss ways to foster lifelong self-awareness, self-determination, and self-advocacy skills that honor individual differences and diverse experiences.

Molly is an educator, leader, consultant, and advocate. She is passionate about inclusive practices, communication access, and learning from lived experiences. Molly lives in Mammoth Lakes, CA with her family and enjoys all things outdoors.





